

# Penn State **Extension**



## Pennsylvania 4-H Competitive Trail Ride "THE KEYSTONE RIDE" September 19-20, 2014



### **Rules and Regulations:**

The ride is open to all 4-H horse and pony members in Pennsylvania.  
A Leader/ Adult Division is also included. Open to screened volunteers only.

**All riders are strongly encouraged to participate in a judged competitive trail ride or trail ride clinic prior to registration for this ride.**

Please refer to the 4-H Competitive Trail Riding Reference Book for information about preparing for the ride.  
All 4-H Members must complete and maintain the 4-H Competitive Trail Riding Annual Record and complete any applicable county requirements.

50 riders will be accepted on this ride. **Registration is on a first come basis. No refunds on registrations.**

**The Keystone Ride Management reserves the right to cancel or postpone the ride due to insufficient enrollment, inclement weather or other unforeseen circumstances.**

A 4-H member may use any member of the equine family as a project animal.

All horses must be 4 years of age or older. Only mares and geldings are permitted. Nursing mares, horses that are not serviceably sound and animals that have been nerved are ineligible.

*All horses and ponies (including "sweep rider mounts") must submit proof of negative EIA status (any federal or Pennsylvania state recognized test results for EIA will be accepted) and current rabies vaccination by a licensed veterinarian with ride registration documents.*

It is strongly recommended that all horses be shod and wear breast collars. A farrier will be available before the ride and at the mid-point of the ride. (Any services shall be at the rider's expense.)

Positively no drugs, medicines or stimulants may be administered by injection, ingestion before and during the ride. If any traces of drugs are found in any animal, that animal will be disqualified. External medication may be used but only with the ride veterinary judge's knowledge and permission. Any animal showing any evidence of contagious disease is ineligible to compete and will be asked to promptly leave the ride grounds.

Any medication or treatment done by the veterinary judge will be at the rider's expense.

Use of blankets, grooming tools and sponging is permitted but external medication, compresses, bandages, artificially heated or cooled water, and hosing are forbidden.

The judges have the authority to withdraw any horse at the pre-ride check or if the animal's health becomes endangered at any time during the ride. This is to protect both the horse and rider. All riders in sight of a **vet check station** must proceed forward.

Riders must remain in the saddle while horse is moving over the course. Dismounting and resting of horse and rider is permitted providing they do not advance forward.

When competitor is in sight of the finish line, rider and mount may not stop and must continue forward  
Riders who leave the trail intentionally or otherwise must return to that same point to continue the ride.  
Mileage markers will be placed every 5 miles and every mile for the last 5 miles to assist in timing.

Penn State is committed to affirmative action, equal opportunity, and the diversity of its workforce.

**No smoking or littering allowed on the trail.** Removal of the trail markers is also prohibited. Violation of these rules will result in disqualification.

At the mid point check station the in time will be recorded and in 10 minutes the rider and mount will be called for a P&R check.

Riders are responsible for knowledge of all rules involved with the ride.

The judges' decisions are final.

Protective headgear must be worn by all riders when mounted. *Please see the 2014 PA 4-H Horse Show Rulebook.* Riders must wear boots or shoes that have a definite heel as viewed from the side while riding.

No pets of any kind will be permitted on the ride grounds. **NO DOGS - PLEASE.**

### **Competitive Trail Ride Divisions:**

**Junior Rider** - 4-H members who have not reached his/her 14th birthday by January 1st of the current year. (See the glossary in the horse show rule book)

**Senior Rider** - 4-H members who are 14 years or older and have not passed his/her 19th birthday by January 1 of the current year. (See the glossary in the horse show rule book)

**Adult Division** – Screened volunteers will be accepted in the ride on a ratio of adults to 4-Hers determined by registration. The riders are included for safety and supervision along the trail and participate as a judged division. Adults must be sponsored by a 4-H member who is entered and accepted in the ride.

**Horsemanship Award (optional):** All riders in each division will be eligible for this award. Please indicate YES or NO under horsemanship on the entry blank if you want to be judged in this area. Three places in Horsemanship will be awarded in each division.

Division A - (14.2 Hands and under), Junior Riders\*

Division B - (14.2 Hands and under), Senior Riders\*

Division C - (Over 14.2 Hands), Junior Riders

Division D - (Over 14.2 Hands), Senior Riders

Division E - Leaders/Adults lightweight, 165 pounds & under\*\*

Division F - Leaders/Adults, Heavyweight, over 165 pounds\*\*

\*PA 4-H Height Certificate required in these divisions

\*\*Includes the weight of the rider, saddle & pads.

**Pony Ride Time:** approximately 4:40 to 5:10 hours;

**Adult Division / Horse Ride Time:** approximately 4:20 to 4:50 hours.

Ride distance = 25-30 miles (One point deducted per minute over or under). Riders in excess of 30 minutes over or under will be disqualified. (Exact mileage and times of ride will be announced in acceptance letter or at pre-ride meeting).

**Awards:** Placing 1-6 ribbons in each division. Special award for overall high point based on rider and mount that has the best score for the ride in each division. A high point rookie award will be given to the first year rider with the highest score. A sportsmanship award will also be given to the youth rider that displays a high level of sportsmanship throughout the ride. A participation award will be given to all non-placing riders that complete the ride.

## PA 4-H Competitive Trail Ride

### Final Exam and Scoring System

The scoring system is based on both a subjective and objective basis by veterinary and lay judges. Each judge should conduct the same exams both pre- and post-ride. Specific factors are evaluated for each horse during the pre-ride exam and again upon completion of the ride at the final exam. Each horse starts with 100 points. Points are deducted at the final examination for *changes*, which signify stress or loss of condition as defined in the scoring system. The number of points deducted for a given change will be at the discretion of the judges, but will be uniform from horse to horse for the same degree of change, except as noted below for pulse and respiration.

**Pulse:** Base pulse 44. 1 point deducted for each 4 beats above base value. No points deducted if recovery is 44 or below.

**Respiration:** Base respiration 24. 1 point deducted for each 8 breaths above base value. No points deducted if recovery is 24 or below.

**Final pulse and respiration (P&R)** rates will be taken by teams 20 minutes after horses cross the finish line. All P&R values are to be obtained for a period of at least 30 seconds.

The final examination by the judges will be done in order of finish and should be conducted exactly as the pre-ride exam. The final examinations will begin at the completion of the P&R, or as soon as possible. The final examination will be identical to the pre-ride examination and includes the following:

**Tack Area:** The tack area is examined closely and points are deducted for an increase in the severity of pre-existing tenderness or lesions, and/or appearance of new lesions or tenderness. Comments and deductions will be consistent from horse to horse.

**Legs:** The legs are examined closely and points are deducted for any physical evidence of trauma or stress on the legs that appeared or worsened during the ride. Comments and deductions will be consistent from horse to horse.

**Lameness:** Horses are trotted for lameness and deductions are made according to the table on the score sheet. Final and pre-ride examinations of lameness are compared and points deducted for new or increased lameness. An average of the judges' score will be made if both judges score on lameness.

**Mechanical Fatigue:** Mechanical fatigue is scored at the same time the horse is being trotted for lameness. Comparisons of the horse's animation, impulsion, willingness and coordination with the pre-ride examination will be made. Deductions are made according to the table on the score sheet. An average of the judges' score will be made if both judges score on mechanical fatigue.

**Metabolic Fatigue:** Metabolic fatigue is usually scored by the veterinary judge and includes comparisons of metabolic functions, as determined by skin pinch, capillary refill time, gum color, gum moisture, gut sounds and anal tone. Deductions are made according to the table on the score sheet.

**Behavior:** Horses should behave reasonably during examinations, but the judge may tolerate some degree of nervousness and uncertainty. However, dangerous horses, such as rearers, kickers, biters and strikers will be severely penalized or may be eliminated from the ride. Behavior is judged throughout the ride and during examinations.



## **Horsemanship Award**

The horsemanship award is determined by a separate judge and is judged in a separate category. The horsemanship award reflects good horsemanship and the contestant's ability in trail riding. The horsemanship judge evaluates how horses and riders handle trail obstacles and trail conditions, and how the contestant rides and cares for the horse before, during and after the ride. The horsemanship judge also evaluates sportsmanship and presentation of horses to the judges.

The rider is required to totally care for the horse or pony, including all grooming, tacking, care and control. Any undue assistance will result in elimination of the contestant for the horsemanship award. Riders may have someone hold the horse/pony during midpoint and at the end of the ride (one holder only). Time penalties will be considered, except in the event of sickness or injury beyond the rider's control.

### **Horsemanship will be judged on:**

Equitation, horsemanship  
Neatness and appearance (suitable, safe workmanlike clothing and equipment)  
Grooming  
Tack and equipment, including condition and fit,  
Management and care of horse/pony  
Trail manners and ability to negotiate obstacles  
Sportsmanship  
All presentations to the judges  
Condition and fitness of the horse or pony  
Suitability of horse to rider

This award category is a good test of your horsemanship knowledge and your abilities as a trail rider.

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Andrea Kocher at 814-863-3957 at least six weeks in advance of your participation or visit.

This publication is available in alternative media on request.

The University is committed to equal access to programs, facilities, admission and employment for all persons. It is the policy of the University to maintain an environment free of harassment and free of discrimination against any person because of age, race, color, ancestry, national origin, religion, creed, service in the uniformed services (as defined in state and federal law), veteran status, sex, sexual orientation, marital or family status, pregnancy, pregnancy-related conditions, physical or mental disability, gender, perceived gender, gender identity, genetic information or political ideas. Discriminatory conduct and harassment, as well as sexual misconduct and relationship violence, violates the dignity of individuals, impedes the realization of the University's educational mission, and will not be tolerated. Direct all inquiries regarding the nondiscrimination policy to Dr. Kenneth Lehrman III, Vice Provost for Affirmative Action, Affirmative Action Office, The Pennsylvania State University, 328 Boucke Building, University Park, PA 16802-5901, email: [kfl2@psu.edu](mailto:kfl2@psu.edu), phone: 814-863-0471...

PENNSTATE



Cooperative Extension  
College of Agricultural Sciences

**[extension.psu.edu](http://extension.psu.edu)**

# Pennsylvania 4-H Competitive Trail Ride

## "The Keystone Ride"

### Ride Information and Check In Sheet:

**The Keystone Ride Management reserves the right to cancel or postpone the ride due to insufficient enrollment, inclement weather or other unforeseen circumstances.**

\*Food will ***NOT*** be provided for the competitors this year. Food will also not be available for purchase. It has become increasingly difficult to find food vendors for the ride. Please come prepared to provide your own meals for the weekend. Mid-point snacks and water ***WILL*** be provided to all competitors.\*

\*Tentative location at Mifflin County 4-H camp near Penn Roosevelt in Rothrock State Forest\*  
Participants will receive the exact location of the trail ride in their confirmation packet.

Arrive no earlier than 1:00 PM on Friday, September 19, 2014

Initial veterinary checks will be held beginning Friday afternoon September 19, 2014. More information on pre ride checks will be distributed with acceptance letters. Please include approximate arrival time on entry forms. **Check in times will be set according to horse numbers and availability of ride judges. Actual vet check starting times will be included in acceptance letter.**

The ride will begin promptly at 8:00 a.m. on Saturday, September 20, 2014.

Ride headquarters will be **announced in the acceptance letter.**

Ride numbers are assigned according to chronological order from date received.

Check with ride management to see where to park and do not park too close to another unit (for safety). Be respectful and courteous of other participants.

Go to ride headquarters and pick up packet of information and ride number.

Take horse to veterinary check in area. Attach ride number to your back and wear it at all times.

Check the time for the evening ride briefing and make sure you attend the meeting.

Do not ride your horse through camp. Keep your camp site clean and remember you are guests of the State Forest so do not litter. Leave the ride area and camp site area cleaner than when you arrived.

**ALL RIDERS (ADULT, YOUTH & SWEEP) ARE REQUIRED TO WEAR PROTECTIVE HEADGEAR.**

\_\_\_\_\_ **Date**

\_\_\_\_\_ **(Official use only)**

**4-H MEMBER ENTRY FORM**  
**2014 Pennsylvania 4-H Competitive Trail Ride ("The Keystone Ride")**

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_

T-shirt Size \_\_\_\_\_

Age \_\_\_\_\_ (as of Jan. 1 current year) Name of Horse \_\_\_\_\_

Age of Horse \_\_\_\_\_ Breed or Ancestry of Horse \_\_\_\_\_

**PLEASE ATTACH COPY OF CURRENT (WITHIN 12 MONTHS) NEGATIVE EIA TEST RESULTS AND VERIFICATION OF RABIES VACCINATION OF THE HORSE TO BE USED FOR THIS ACTIVITY**

Check One:

Division Entered: (check one)

\_\_\_\_\_ Mare  
\_\_\_\_\_ Gelding

Pony Division A(Jr.)\* \_\_\_\_\_  
Pony Division B(Sr.)\* \_\_\_\_\_  
Horse Division C(Jr.) \_\_\_\_\_  
Horse Division D(Sr.) \_\_\_\_\_

\*Attach a copy of PA 4-H Height Certificate for these divisions

I WANT TO BE JUDGED FOR THE HORSEMANSHIP AWARD: YES \_\_\_\_\_ NO \_\_\_\_\_ (check one)

I certify that the above named horse is my current year trail riding project horse and that I have owned or leased my project since June 1 of the current year.

I will arrive at the Headquarters at \_\_\_\_\_ o'clock on Friday, September 19, 2014.

Signature of 4-H Member \_\_\_\_\_ DATE \_\_\_\_\_

As this 4-H member's project leader, I certify that all the above is true to the best of my knowledge and that this member is in good standing and is a bona fide 4-H Horse and Pony member in \_\_\_\_\_ County.

Signature of 4-H Horse and Pony Leader \_\_\_\_\_

Signature of County 4-H Educator \_\_\_\_\_

This entry form should be sent with a **\$45.00 registration fee** (make check payable to: **PA 4H Horse Program Development Committee**) and a completed parent-release form to: Andrea Kocher, 324 Henning Bldg., University Park, PA 16802-2601.

**ENTRY DEADLINE IS August 25, 2014 (NO FAX ENTRIES)**

**Parent Release Form  
Pennsylvania 4-H Competitive Trail Ride**

I consent to permit my child to compete in and attend the Pennsylvania 4-H Competitive Trail Ride, to be held in Rothrock State Forest (Huntington, Mifflin, and Centre Counties) on September 19-20, 2014.

The undersigned \_\_\_\_\_ (parent or guardian) expressly acknowledges and voluntarily assumes all risks and dangers associated with or arising from the activity of horseback riding which is or may be involved in the Pennsylvania State 4-H Trail Riding Project. I further acknowledge that although appropriate care will be taken to ensure safety, the potential for injury nevertheless is inherent in the activity of horseback riding. Intending to be legally bound, I, the undersigned, for myself, my heirs and assigns, executors and administrators, hereby discharge and forever release The Pennsylvania State University, its trustees, officers, agents, employees, including without limitation all individuals associated with the Pennsylvania State 4-H Trail Riding Project, from any and all claims, causes of action and liability for personal injury or property damage that I, my son, my daughter, or my ward may sustain while participating in the Pennsylvania State 4-H Trail Riding Project.

In case of accident or serious illness, the Pennsylvania Trail Ride Committee has authorization to secure such medical attention for: \_\_\_\_\_ as deemed necessary.  
(Name of 4-H Member)

This authorization applies whether the charges for medical treatment are covered by 4-H insurance or by myself.

This also certifies that my child is physically able to participate in all the activities of the above event and will be supervised at the event by me or my assigned representative.

Please list any physical or medical conditions of this 4-H member listed above that the ride committee should be aware of on the reverse side of this form. If receiving medication what is it and the dosage?

\_\_\_\_\_

***I also certify that the above named 4-H member has properly conditioned the horse or pony he/she is using on this 25 - 30 mile ride. I certify that the above mentioned 4-H member will wear protective headgear that is properly fitted and in good safe condition at all times when riding.***

\_\_\_\_\_  
(Signature of Parent or Authorized Guardian)

\_\_\_\_\_  
(Address)

\_\_\_\_\_  
Telephone Number: \_\_\_\_\_

EMERGENCY CONTACT NAME & NUMBER: \_\_\_\_\_

\_\_\_\_\_

Date \_\_\_\_\_

Official use only)

**2014 PENNSYLVANIA 4-H COMPETITIVE TRAIL RIDE  
"THE KEYSTONE RIDE"**

**Adult/Leader Division Entry Form**

For a leader/adult to enter he/she must have a qualifying 4-H Member entered in the ride.

Name of qualifying 4-H Member: \_\_\_\_\_

Name of Adult/Leader Rider: \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

Name of Horse \_\_\_\_\_ Age of Horse \_\_\_\_\_

County \_\_\_\_\_ Breed or Ancestry of Horse \_\_\_\_\_

Check one: Mare \_\_\_\_\_ Gelding \_\_\_\_\_

**HORSE:** \_\_\_\_\_ **PONY:** \_\_\_\_\_

**PLEASE ATTACH COPY OF CURRENT (WITHIN 12 MONTHS) NEGATIVE EIA TEST  
RESULTS AND VERIFICATION OF RABIES VACCINATION OF THE HORSE TO BE USED  
FOR THIS ACTIVITY**

**Division Entered (circle one):**                      Lightweight Division E   or   Heavyweight Division F

*I also certify that I the above 4-H leader-adult have properly conditioned the horse or pony I am using on this 25 - 30 mile ride. I certify that I the above mentioned 4-H leader will wear protective headgear that is properly fitted and in good safe condition at all times when riding.*

VOLUNTEER LEADER - ADULT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

This entry form must be submitted with a **\$45.00** check to:

**PA 4H Horse Program Development Committee**, sent to Andrea Kocher, 324 Henning Bldg., University Park, PA 16802.

**ENTRIES MUST BE RECEIVED BY August 25, 2014 – No Fax Entries**

I recognize the above named individual as an Adult Volunteer 4-H Leader:

County Educator Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

**ALL RIDERS (ADULT & YOUTH & SWEEP)  
ARE REQUIRED TO WEAR PROTECTIVE HEADGEAR.**



**Leader - Adult Release Form**  
**Pennsylvania 4-H Competitive Trail Ride**

I wish to compete in and attend the Pennsylvania 4-H Competitive Trail Ride, to be held in Rothrock State Forest (Huntington, Mifflin, and Centre Counties) on September 19-20, 2014.

The undersigned \_\_\_\_\_ (4-H Leader - Adult) expressly acknowledges and voluntarily assumes all risks and dangers associated with or arising from the activity of horseback riding which is or may be involved in the Pennsylvania State 4-H Trail Riding Project. I further acknowledge that although appropriate care will be taken to ensure safety, the potential for injury nevertheless is inherent in the activity of horseback riding. Intending to be legally bound, I, the undersigned, for myself, my heirs and assigns, executors and administrators, hereby discharge and forever release The Pennsylvania State University, its trustees, officers, agents, employees, including without limitation all individuals associated with the Pennsylvania State 4-H Trail Riding Project, from any and all claims, causes of action and liability for personal injury or property damage that I may sustain while participating in the Pennsylvania State 4-H Trail Riding Project.

In case of accident or serious illness, the Pennsylvania 4-H Trail Ride Committee has authorization to secure such medical attention for: \_\_\_\_\_ as deemed necessary.  
(Name of 4-H Leader - Adult)

This also certifies that I am physically able to participate in all the activities of the above event and will be responsible for my actions.

Please list any physical or medical conditions of this 4-H leader - Adult listed above that the ride committee should be aware of on the reverse side of this form. If receiving medication what is it and the dosage?

\_\_\_\_\_  
*I also certify that I have properly conditioned the horse I will be using on this 25 - 30 mile ride. I certify that I will wear protective headgear that is properly fitted and in good safe condition at all times when riding.*

\_\_\_\_\_  
(Signature of 4-H Leader - Adult)

\_\_\_\_\_  
(Address)

\_\_\_\_\_  
Telephone Number: \_\_\_\_\_

EMERGENCY CONTACT NAME & NUMBER: \_\_\_\_\_

**PLEASE ATTACH COPY OF CURRENT (WITHIN 12 MONTHS) NEGATIVE EIA TEST RESULTS AND VERIFICATION OF RABIES VACCINATION OF THE HORSE TO BE USED FOR THIS ACTIVITY**

**Leader - Adult "Sweep Rider" Release Form  
2014 Pennsylvania 4-H Competitive Trail Ride**

I wish to attend and volunteer to ride "sweep" for the Pennsylvania 4-H Competitive Trail Ride, to be held in Rothrock State Forest (Huntington, Mifflin, and Centre Counties) on September 19-20, 2014.

The undersigned \_\_\_\_\_ (4-H Leader - Adult) expressly acknowledges and voluntarily assumes all risks and dangers associated with or arising from the activity of horseback riding which is or may be involved in the Pennsylvania State 4-H Trail Riding Project. I further acknowledge that although appropriate care will be taken to ensure safety, the potential for injury nevertheless is inherent in the activity of horseback riding. Intending to be legally bound, I, the undersigned, for myself, my heirs and assigns, executors and administrators, hereby discharge and forever release The Pennsylvania State University, its trustees, officers, agents, employees, including without limitation all individuals associated with the Pennsylvania State 4-H Trail Riding Project, from any and all claims, causes of action and liability for personal injury or property damage that I may sustain while participating in the Pennsylvania State 4-H Trail Riding Project.

In case of accident or serious illness, the Pennsylvania Trail Ride Committee has authorization to secure such medical attention for: \_\_\_\_\_ as deemed necessary.  
(Name of 4-H Leader - Adult)

This also certifies that I am physically able to participate in all the activities of the above event and will be responsible for my actions.

Please list any physical or medical conditions of this 4-H leader - Adult listed above that the ride committee should be aware of on the reverse side of this form. If receiving medication what is it and the dosage? \_\_\_\_\_  
\_\_\_\_\_

*I also certify that I have properly conditioned the horse I will be using on this 25 - 30 mile ride. I certify that I will wear protective headgear that is properly fitted and in good safe condition at all times when riding.*

\_\_\_\_\_  
(Signature of 4-H Leader - Adult)

\_\_\_\_\_  
(Address)  
\_\_\_\_\_

Telephone Number: \_\_\_\_\_

EMERGENCY CONTACT NAME & NUMBER: \_\_\_\_\_  
\_\_\_\_\_

**PLEASE ATTACH COPY OF CURRENT (WITHIN 12 MONTHS) NEGATIVE EIA TEST RESULTS AND VERIFICATION OF RABIES VACCINATION OF THE HORSE TO BE USED FOR THIS ACTIVITY**