MEAT LIGHTING FACTS

A guide to selecting the best light for your meat product display

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Light Types

**FLUORESCENT** - wide variety of tubular bulbs from which light is emitted by a layer of fluorescent material; vary widely in spectral energy distribution, and some are not good for meat color

**INCANDESCENT** - light is produced by heating a filament via electric current (i.e. common household bulb)

**HALOGEN** - halogen gas reacts with a tungsten filament to produce light (i.e. some spotlights)

**HIGH INTENSITY DISCHARGE (HID)** - a group of lamps, including mercury vapor and metal halide lamps (i.e. gymnasium or auditorium lamps)

**LIGHT EMITTING DIODE (LED)** - emerging category of low voltage, efficient lamps that can have a color temperature suitable for meat; potential new lighting option

Light Targets

- **Color Temperature of 2800 to 3500 Kelvin.**
  Note: this is the single best reference for meat color rendering.

- **Color Rendering Index (CRI) of 80 to 90.**
  Note: best used in conjunction with color temp.

- **Light intensity of 150 to 200 foot-candles.**
  Note: high intensities accelerate discoloration

Avoid

- Cool white fluorescent bulbs emit too much blue and green light.

- Bulbs with a color temperature of 4000-6500 Kelvin are too blue.

- Incandescent bulbs emit non-uniform illumination and often heat the product.

- HID lamps can make meat appear yellow or blue.

- Lamps with high amounts of UV light accelerate discoloration and fading.

Light Terms

**COLOR RENDERING INDEX (CRI)** - numerical score referring to the ability of a light to reveal the actual color of an object

**COLOR TEMPERATURE** - numerical value (in Kelvin) indicating its ability to make an object appear a certain color, from cool to warm

**INTENSITY** - quantity of light at the product surface measured in foot candles (square feet) or lux (square meters); 10.76 lux = 1 foot candle

Questions, please contact C.R. Raines (craines@psu.edu). This publication available in alternative media on request. Penn State is committed to affirmative action, equality opportunity, and the diversity of its workforce.
How light affects color

Light Intensity
Light is emitted from the source with a given intensity.
Too great of light intensity accelerates discoloration of meat, whereas too low intensity does not adequately illuminate the product.

Light Type
Light is a combination of colors emitted from a light source.
Higher proportions of red light are desirable for meat product display.

Remember: Light sources may emit some invisible UV rays, which can shorten display life.

Why Light Matters
Light determines how all things look. Various lighting can make meat look redder, bluer, greener, yellower or grayer. The same product can look different under different light sources. See below.

Optimizing the variables of lighting type and intensity results in the best appearance of your product and increases display life.

Different lighting affects perceived color

The same products illuminated by different light sources

<table>
<thead>
<tr>
<th>Light Source</th>
<th>Beef</th>
<th>Pork</th>
<th>Chicken</th>
<th>Salami</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color Temperature = 6500 K CRI = 86</td>
<td>Bluish appearance Not recommended</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Color Temperature = 3500 K CRI = 86</td>
<td>Desirable red appearance Recommended!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Color Temperature = 4100 K CRI = 64</td>
<td>Grayish or faded appearance Not recommended</td>
<td></td>
<td></td>
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</tbody>
</table>